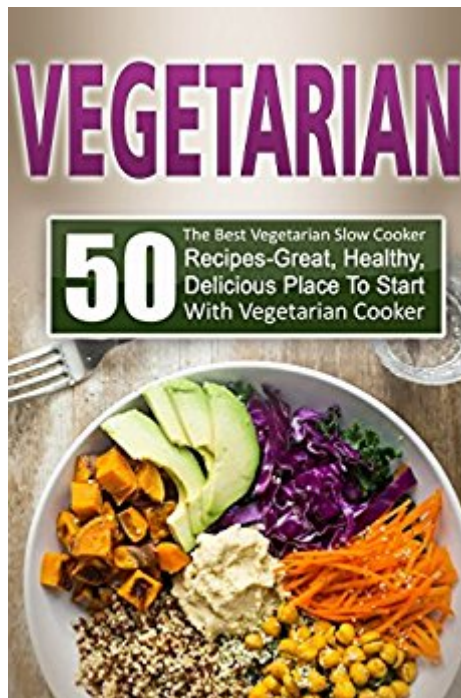


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# Vegetarian: 50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker



## Synopsis

50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker Being a vegetarian does not have to limit your food choices because enjoying what you eat is part of a healthy food lifestyle. Now, with the help of your humble slow cooker, you will be able to enjoy a wide range of delicious food Worried about flavor? With slow cooking, your broth and bouillon cubes will go a long way in terms of flavoring your vegetarian dish. Slow cooking your meal extracts the full flavor of the ingredients so you don't need to add expensive flavorings to your dish Is this your first time cooking? A slow cooker is meant to do its own thing so you don't have to be a five star chef to create sumptuous and healthy meals. All you need to do is to buy and prepare the ingredients and add it into the slow cooker. Do the right adjustments and leave it alone. You don't have to worry about lunch or dinner as your slow cooker will take care of it for you while you do your own thing. As a vegetarian, cooking in a slow cooker will definitely level up your healthy lifestyle. Aside from saving time and being economical, slow cooking is also more delicious and healthy compared to other forms of cooking. If you have a very busy lifestyle, a slow cooker will play an important role in keeping you and your loved ones enjoy nutritious meals all the time. In this cookbook, you will find 50 recipes that will put your slow cooker to good use. Choose from different stews and soups, main dishes, side dishes and sauces, breakfasts, and desserts to liven up your vegetarian lifestyle. Most of these recipes are also gluten-free and fat-free so you can also share this to your non-vegetarian friends or relatives. Here Is A Preview Of What You'll Learn... Potato, Lentil & Chard Soup Chipotle & Black Bean Quinoa Stew Chickpea & Butternut Squash Coconut Curry Greek Stuffed Peppers Chinese Tofu & Vegetables Bourbon & Mango Baked Beans Apple Crumble Pudding Lemon & Poppy Seed Bread Triple Chocolate & Peanut Butter Pudding Cake Vegan Blueberry & Lemon Cake Wild Rice Medley Spinach & Bean Enchiladas Much, much more! Download your copy today! Try it now, click the "buy" button and buy Risk-Free

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## Customer Reviews

Quick access to good food stems, ironically enough, from slow cooking. As a foodie, I love my slow cooker. It's very forgiving and the food's always delicious. Author Trisha Eakman has done a fabulous job of compiling these wonderful slow cooker recipes for vegetarians, from soups and main courses to sides and desserts. As you run through the recipes, you'll pick out some of the good principles she employs. Which, in turn, might inspire you to come up some of your own creations.

This book has clearly shown the perks of having a slow cooker. Especially if you are a Vegetarian, this book has a lot of benefits for you. It has 50 The Best Vegetarian Slow Cooker Recipes! What more can anyone ask for? Thinking of what meal to prepare next is now made easier with this book. And what is even more amazing is that the recipes are collections of varied soups, stews, main dishes, sauces, side dishes, breakfast--everything! And not to mention they are gluten-free too. This book is a win-win--for both the Vegetarian and the non-Vegetarian ones.

I have to agree that the vegetarian diet comes with huge health benefits. I've proven this when I started to be a vegetarian myself. Finding this book has proved to be a smart thing because I was able to find more info about this wonderful diet. I also fell in love with the recipes included here. Goodness, they are amazing! Talking about doing something new to the daily stuff I'm having. I appreciate the breakfast recipes, the easy to knock-up lunch recipes, the delicious dinnertime ones, the exciting new snacks, as well as the recipes for smoothies, sauces, dips, and condiments. Another thing worth noting about is that this book has taught some tips on how one can grow vegetables at home. This is just absolutely fantastic!

Since my friend recommended that vegetarian recipes I love to cook more vegetable dishes now. I research for more vegetable recipes now and I came up with this book. I can say that these 50 recipes are really great! Because they are all easy to do and the ingredients are very common. I really love vegetables now. I want to cook more and more vegetable dishes now. I will share this book to my friends too so that we can live healthy.

I could talk about the Bourbon & Mango Baked Beans or the Chipotle & Black Bean Quinoa Stew because both are award winning, but I can't get over the Triple Chocolate & Peanut Butter Pudding Cake! And "Vegetarian: 50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker" by Trisha Eakman has plenty of other really delicious and easy to do recipes. I also like how easy it is to understand " very clearly presented. There's loads of good information in here " highly recommended. Five tasty stars.

This book was able to help me cook healthy vegetarian meals for me and my family. The recipes are easy to follow and the ingredients of the recipes can easily be bought at the local market shop. What I like about slow cooker is its meant to do its own thing so you don't have to be a five star chef to create sumptuous and healthy meals. All you need to do is to buy and prepare the ingredients and add it into the slow cooker . Do the right adjustments and leave it alone. You don't have to worry about lunch or dinner as your slow cooker will take care of it for you while you do your own thing.

I like how focused the theme is yet there are still lots of recipes being offered. As the title suggests, it is exclusively for slow cooker owners and vegetarians or simply for folks like myself who just want to dedicate a couple of days to pure veggie goodness. That kind of focus gives me that high expectation that these recipes focus on quality. After trying the butternut squash soup and veggie fajitas, I can confirm these recipes are indeed the real deal! It isn't purely vegetables either. There's this yummy rice recipe and a couple of good desserts too. Very nice!

The author did a good job of elaborating the benefits of using a slow cooker before she showed the 50 recipes and that's a great thing because seeing the benefits was what encouraged me to try out some of these recipes. My favorite recipes are Potato & Leek Soup, Vegetarian Fajitas for the main dish, Garlic & Cauliflower Mashed Potatoes for the side dish, Apple Crumble Pudding for

Breakfast and Berry Cobbler for desserts.

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